


MDDA Program and Research Initiatives

Fundraising Priorities for 2018/2019

SUPPORT PROGRAMS

 <p>My Low Pro PAL</p>	 <p>PKU Pathways</p>	 <p>Early Starter "PeeKabU" bags</p>
<p>PKU/IEM Dietary Management and Wellbeing APP</p> <p>Comprehensive management tool for day to day IEM management, diet/menu planning, nutritional monitoring, protein counting, milestone recording, healthy wellbeing goal setting & tracking <i>(To be complemented by adult wellness coaching program down the track)</i></p>	<p>Outreach support, mentoring and educational programs for carers of high needs PKU patients and at risk transitional groups</p> <p>Carers of Non or Late diagnosed PKU (pre-1966) Maternal/Pregnant Women Teens Transitioning to adults <i>(Collaboration with Royal Melbourne Hospital)</i></p>	<p>Newly Diagnosed IEM 'new parent' & 'infant' kits</p> <p>Introductory welcome bags for parents of newly diagnosed PKU & other IEM babies - containing educational materials, infant accessories, protein counting and cooking aids, IEM Teddy Bear and product samples to help get them through the early stages <i>(Childcare & School starter bags to follow down the track)</i></p>
 <p>IEM Family Assist</p>	 <p>Low Pro Pop Up Kitchen & Hamper Drive</p>	 <p>Low Pro Venue Accreditation Program</p>
<p>Family travel/attendance assistance for MDDA family retreats & remote clinics</p> <p>Family retreats and remote clinics provide families with face to face peer support and clinical educational opportunities PKU and other IEM families with financial hardship, Northern and Tasmanian families (with no in state clinic services) take priority</p>	<p>Low Protein pop up kitchen (multi-city bi-annual roadshow) providing hampers and meals for foodbank and pre-order</p> <p>Pre-order meal service also supporting families in need with delicious, home cooked, nutritional, convenient and freezable "Go To" and "Special Celebrations" Low Protein meals</p>	<p>National program recognising "Low Protein" as a special dietary option in participating venues around Australia</p> <p>Enabling IEM families and individuals to enjoy a 'regular' dining experience with suitable meal options and recognising Low Protein (LP) as a special dietary need</p>

RESEARCH & CLINICAL CARE

 <p>Patient Progress</p>	<p>MDDA's National PKU & IEM Research and Clinical Care Fund</p> <p>Current clinical research projects needing funding include...</p> <ul style="list-style-type: none"> ■ PKU & IEM Neuro-Psych research and diagnosis program/resource (Ph#1: Paediatric Ph#2: Adults) ■ Research into long-term effects of IEM management on adult health outcomes ■ Research for emerging treatments and clinical trials ■ National PKU & IEM Patient Data Registry
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DONATIONS GUIDE

\$35

Funds a low protein food hamper and freezer meal pack for a family in need

\$50

Funds a PKU Pathways Transitional Resource Kit for a Maternal/Pregnant Women transitioning teen.

\$75

Funds a PKU Pathways carers resource guide & patient compendium to assist with community care of a non or late diagnosed PKU patient.

\$100

Funds an Early Starter "PeeKabU" new PKU/IEM parent bag (on diagnosis) or infant starter bag (6 months in) for a newly diagnosed family.

\$150

Funds an PKU Pathways educational session for a carer of a non or late diagnosed PKU patient in community care.

\$250

Funds an adult or teen's participation in "I-EMPOWER" 8 week Wellbeing Transformation and Peer Mentoring Program.

\$400

Funds a neuro-psych assessment & care plan for a special needs IEM child.

\$550

Funds an IEM adult or parent/guardian with child to participate in a family educational weekend retreat.

\$750

Funds a Low Protein venue accreditation program kit and consultation

\$1,500

Funds a Low Protein Pop Up Kitchen event

MDDA FUNDRAISING INITIATIVES



Join the Great Protein Challenge and pledge or play your protein for a day in order to raise awareness and funds for PKU and IEMs.

www.thegreatproteinchallenge.com

#teamMDDA

Raise awareness and funds for MDDA as your chosen charity through participating in an individual or team sporting challenge of your choice.

www.mdda.org.au/help/teammdda



Host an event or fundraiser of your own

Contact MDDA and discuss your idea or volunteer to help on an existing initiative or event.

www.mdda.org.au/contact-us

